

# Anna Langheiter

design.train.mastery



## Trainer Seminar

### Objectives

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The goal of the trainer seminar is that all participants are able to train company specific contents in an interactive and sustainable manner. Each participant will have trained at least two training sequences by the end of the seminar, which can be applied within your company.

### Target group

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The target group of this seminar are internal trainers, experts in their fields and personal developers, who internally pass on company specific content and would like to expand on their training competence.

### Seminar schedule

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##### Pre-Work

Each participant brings with him two training sequences, which are already used (or should be used) by your company.

##### You will learn (examples):

- » what adults require to learn efficiently
- » how to prepare oneself for the training of a module
- » how to adapt training styles to the respective contents
- » how and which different methods can be used for different contents
- » how to visualise, present and facilitate
- » how to work well with groups, in good times and in bad times
- » what should be done before and after a training
- » which competences are required for trainers

You will train in a safe environment and will receive professional feedback.

## The Expert for Training Design

Creative learning design for lively and sustainable trainings. Thought through to the last detail, prepared meticulously, developed cleverly, permanently surprising, never boring, always active, absolutely demanding, interculturally smart and simply different.

**Why I can only recommend the Trainer Seminar:**

**By the end, each participant has developed the confidence and security to conduct professional trainings with a thorough impact in your company.**



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